

Detailed Services Guide

A concise guide to the consultation areas available at Skinzen Nirmal Healthcare. Final diagnosis and treatment are based on clinical assessment.

Dermatology

- Acne and acne-scar evaluation
- Pigmentation, melasma and uneven skin tone
- Eczema, psoriasis and allergic skin conditions
- Bacterial, fungal and viral skin infections
- Sensitive skin, itching and chronic rashes
- Age-related skin concerns and preventive skin care

Hair & Scalp Care

- Hair fall and hair thinning assessment
- Dandruff and seborrhoeic scalp disorders
- Patchy hair loss and scalp inflammation
- Nutritional, hormonal and lifestyle contributors
- Hair-growth treatment planning and monitoring
- Procedure-based options when clinically suitable

Aesthetic Dermatology

- Chemical peels and skin-brightening procedures
- Microneedling and skin-texture improvement
- Anti-ageing consultation and rejuvenation planning
- Botulinum toxin and filler consultation where appropriate
- Laser-based treatment counselling subject to availability
- Pre-procedure evaluation and post-procedure care

Urology

- Kidney stone evaluation and management
- Urinary tract infection and recurrent UTI care
- Prostate enlargement and lower urinary tract symptoms
- Bladder, urinary frequency and incontinence concerns
- Blood in urine, painful urination and urinary obstruction assessment
- Preventive urology consultation and follow-up

Andrology

- Erectile dysfunction evaluation
- Male sexual wellness and confidential counselling
- Hormonal imbalance assessment
- Testicular and reproductive health concerns
- Premature ejaculation and performance-related concerns
- Individualized medical and lifestyle management

Male Infertility

- Low sperm count and abnormal semen parameters
- Semen-analysis interpretation and repeat-test guidance
- Hormonal and metabolic evaluation
- Varicocele and testicular-factor assessment
- Lifestyle, medication and fertility-support planning
- Coordination of advanced fertility care when required

Wellness & Preventive Care

- Lifestyle and preventive-health guidance
- Weight, nutrition and metabolic-risk counselling
- Skin, hair and men's health maintenance plans
- Follow-up monitoring and adherence support
- Confidential, patient-centred consultation
- Referral coordination when multidisciplinary care is needed

Before Your Visit

Please carry a list of current medicines, known allergies, previous prescriptions, investigation reports and relevant imaging. For fertility or urology consultation, bring previous semen-analysis, hormone, ultrasound or uroflowmetry reports when available.

Privacy & Safety

Consultations involving sexual health, fertility and urology are handled confidentially. Clinical photographs, if required, should be taken only after informed consent and according to clinic policy.

Contact

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